



Product features
QR Translator.

This is the English version of the package insert of this product, translated from the Japanese package insert. The English version is provided for consumers who have purchased and use this product in Japan to help their understanding of its details. Please carefully read and fully understand the information given on this package insert before taking this product.

For reducing spots, freckles, and pigmentation due to sunlight, etc.

Vitamin C Preparation (containing L-cysteine)

Product name: Cinal L White EXIA

Category 3 OTC drug



Cinal L White EXIA

Spots, freckles, and pigmentation due go sunlight, etc. occur when melanin increases excessively due to aging and ultraviolet rays. **Cinal L White EXIA** contains 1200 mg of vitamin C (the daily dose for adults) that suppresses the production of melanin, L-cysteine that is involved in skin cell turnover, calcium pantothenate, vitamin B6, and biotin that support the normal function of the skin, and reduces spots, freckles and pigmentation due to sunlight, etc.

Precautions

Consultation



1. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.
2. The following symptom may be observed after taking this drug. If this symptom persists or worsens, discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.
Diarrhea
3. When symptoms do not improve even after taking this drug for about 1 month, stop taking the drug and consult a physician, dentist, pharmacist, or registered salesperson, being sure to take this document with you.

Affected area	Symptom
Skin	Rash
Gastrointestinal system	Nausea and vomiting, abdominal pain



Indications

- Relief of the following symptoms:
Spots, freckles, pigmentation due to sunlight/rash
- Prevention of bleeding in the following cases:
Bleeding of the gums and nosebleeds
(A physician, pharmacist, or dentist should be consulted if there is no improvement after about one month of administration.)
- Supplementation of vitamin C in the following cases:
Physical fatigue, during pregnancy and lactation, decreased strength during and after illness, and for the elderly



Dosage and administration

Take the following amounts.

Age	Single dose	Daily dosing frequency
Adults (15 years old and over)	3 tablets	Twice a day
Children (between 7 and 14 years old)	1 tablet	
Infants/toddlers (under 7 years old)	Not allowed to take this medicine	

- Strictly follow the prescribed dosage and administration.
- When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it.



Precautions for storage and handling

- (1) Keep the medicine tightly sealed and store in a cool, low humidity place away from direct sunlight.
(If the bottle cap is not properly closed, the medicine may deteriorate due to moisture, etc., so close the cap tightly after each use.)
- (2) Store out of reach of children.
- (3) Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the medicine.)
- (4) The filling material in the bottle is to prevent the tablets from being damaged during transportation, so be sure to discard it before use.
- (5) The bottle contains a deodorizer. Do not take it.
- (6) If moisture gets on the tablets, part of the surface coating may dissolve, so do not drop water on them by mistake or touch them with wet hands.
- (7) Once opening the bottle, use it within 6 months to maintain the quality.
- (8) Do not take the product after its expiration date.



Contact Information

For inquiries about this product, please contact the store where you purchased it or the following.
Shionogi Healthcare Co., Ltd. **"Drug Information Center"**
Tel: Osaka 06-6209-6948 Tokyo 03-3406-8450
Reception hours: 9:00-17:00 (excluding Saturdays, Sundays, and holidays)

For information on the "Relief System for Sufferers from Adverse Drug Reactions"
Pharmaceuticals and Medical Devices Agency (PMDA)
https://www.pmda.go.jp/kenkouhigai_camp/index.html
Tel: 0120-149-931 (toll-free number)

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