



Product features  
QR Translator.

This is the English version of the package insert of this product, translated from the Japanese package insert. The English version is provided for consumers who have purchased and use this product in Japan to help their understanding of its details. Please carefully read and fully understand the information given on this package insert before taking this product.

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For reducing spots, freckles, and pigmentation due to sunlight, etc.

Vitamin C Preparation (containing L-cysteine)

Product name: Cinal L White  
EXIA PREMIUM 2000



## Cinal L White EXIA PREMIUM 2000

Class 3 OTC  
drug

Spots, freckles, and pigmentation due to sunlight, etc. occur when melanin increases excessively due to aging and ultraviolet rays. **Cinal L White EXIA PREMIUM 2000** is a combination product of 5 active ingredients, containing the maximum amounts of the ingredients within the approved criteria\*: 2000 mg (the daily dose for adults) of vitamin C that suppresses the production of melanin, L-cysteine that is involved in skin cell turnover, calcium pantothenate, vitamin B<sub>6</sub>, and biotin that support the normal functions of the skin. This product reduces spots, freckles, and pigmentation due to sunlight, etc.

\* Maximum amounts according to the standards for the marketing approval of vitamin C preparations

### ⚠️ Precautions

#### Consultation



- If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.
- The following symptom may be observed after taking this drug. If this symptom persists or worsens, discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation:  
Diarrhea
- When symptoms do not improve even after taking this drug for about 1 month, stop taking the drug and consult a physician, dentist, pharmacist or registered salesperson, being sure to take this document with you.

Affected area	Symptom
Skin	Rash
Gastrointestinal system	Nausea and vomiting, abdominal pain

#### 📈 Indications

- Relief of the following symptoms:  
Spots, freckles, and pigmentation due to sunlight/rash
- Prevention of bleeding in the following cases:  
Bleeding of the gums and nose bleeds  
(A physician, pharmacist, or dentist should be consulted if there is no improvement after about one month of administration.)
- Supplementation of vitamin C in the following cases:  
Physical fatigue, during pregnancy and lactation, decreased strength during and after illness, and for the elderly

#### 🥛 Dosage and administration

Take the following amounts.

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Age	Single dose	Daily dosing frequency
Adults (15 years old and over)	3 tablets	Twice a day
Children (between 7 and 14 years old)	1 tablet	
Infants/toddlers (under 7 years old)	Not allowed to take this medicine	

- Strictly follow the prescribed dosage and administration.
- When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it.

#### 🧪 Ingredients and amounts

**Cinal L White EXIA PREMIUM 2000** is a white film-coated tablet, containing the following amounts of ingredients per 6 tablets (the daily dose for adults):

Ingredient	Amount (per 6 tablets)
Ascorbic acid (vitamin C)	2000 mg
L-cysteine	240 mg
Pyridoxine hydrochloride (vitamin B <sub>6</sub> )	50 mg
Calcium pantothenate	30 mg
Biotin	500 µg

Additives include corn starch, calcium lactate hydrate, light anhydrous silicic acid, croscarmellose sodium, hydroxypropyl cellulose, magnesium stearate, microcrystalline cellulose, hypromellose, polyvinyl alcohol-acrylic acid-methyl methacrylate copolymer, titanium oxide, talc, macrogol 6000, caramel, glycerin, and carnauba wax.

- This medicine may interfere with some test values on urine and stool, so if you are going to have these tests, please inform your physician that you are taking this medicine.

#### 🏠 Precautions for storage and handling

- Keep the medicine tightly sealed and store in a cool, low humidity place away from direct sunlight. (If the bottle cap is not properly closed, the medicine may deteriorate due to moisture, so be sure to close the cap tightly after each use.)
- Keep out of reach of children.
- Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the medicine.)
- The filling material in the bottle is to prevent the tablets from being damaged during transportation, so be sure to discard it before use.
- The bottle contains a deodorizer. Do not take it.
- If moisture gets on the tablets, part of the surface coating may dissolve, so do not drop water on them by mistake or touch them with wet hands.
- Once opening the bottle, use it within 6 months to maintain the quality.
- Do not take the product after its expiration date.



#### 📞 Contact information

For inquiries about this product, please contact the store where you purchased it or the following:  
Shionogi Healthcare Co., Ltd. "Drug Information Center"  
Tel: Osaka 06-6209-6948, Tokyo 03-3406-8450  
Reception hours: 9:00-17:00 (excluding Saturdays, Sundays, and holidays)

For information on the "Relief System for Sufferers from Adverse Drug Reactions"  
Pharmaceuticals and Medical Devices Agency (PMDA)  
[https://www.pmda.go.jp/kenkouhigai\\_camp/index.html](https://www.pmda.go.jp/kenkouhigai_camp/index.html)  
Tel: 0120-149-931 (toll-free number)

Marketed by:

**Shionogi Healthcare Co., Ltd.**  
2-6-18 Kitahama, Chuo-ku, Osaka

Manufactured and Distributed by:

**Ominedo Pharmaceutical Industry Co., Ltd.**  
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